

Oh no! I forgot!

We all have forgotten one thing or another, more often than we wish. It is worse when it is something very important.

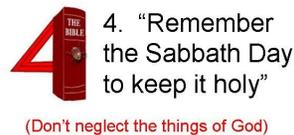
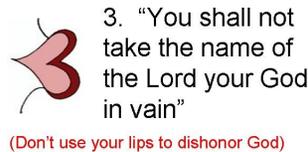
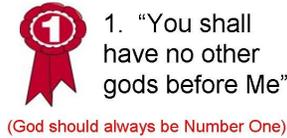
Recalling things is something we can learn to do. There are a few techniques for remembering things. We are going to illustrate a technique that uses numbers and pictures to help you recall things in a list.

Let's say you want to remember ten things on a list. First number them one to ten. You may have a list of things to do for that day and it is important that you remember and do them in that order.

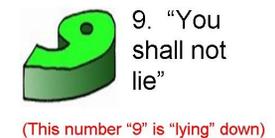
Second, create a picture of what you want to remember with the number of the item in the picture. The crazier, bizarre, or outrageous the picture is, the easier it usually is to recall the item.

This method also allows you to recall each item in or out of order at any time. This comes in handy when shopping without a written list!

As an example, to the right, we have given you the Ten Commandments. Each has its corresponding number within its own picture. Review them until you think you can recall them all. Then test yourself on the following page.



Graphics by Paul Clarkson

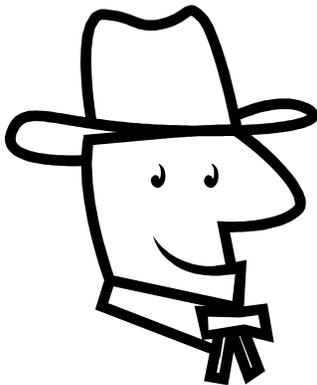


Graphics by Paul Clarkson

Test Yourself!

Great! Now *test yourself!* See how well you can recall the Ten Commandments (you don't need to write out the entire command, just put down the key words).

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Now that you have memorized this list...

Remembering things is important. You will need to practice this technique for it to be very useful. Practice recalling these commandments. Make other lists and practice those, too. Why did we have you memorize the Ten Commandments? Because we care for you. Approximately 150,000 people will die in the next 24 hours. The biblical explanation as to why each of us will die is fascinating. It says we have broken an uncompromising law. Let's see if you have broken this Law (The Ten Commandments): Is God first in your life? Have you made a god to suit yourself? Have you ever used God's holy name in vain? Have you kept the Sabbath holy? Have you always honored your parents implicitly? Have you hated anyone? Then the Bible says you are a murderer. Have you had sex out of marriage? Then you are a fornicator and cannot enter Heaven. Jesus said, "Whoever looks upon a woman to lust after her has committed adultery with her in his heart." Have you ever lusted? Have you ever stolen something (irrespective of its value)? Then you are a thief. If you have told just one lie (even if you call it "white"), you are a liar, and cannot enter the Kingdom of God. Listen to your conscience. The Law leaves us all sinners in God's sight. On Judgment Day we will be found guilty, and end up in Hell forever, but because Jesus paid our fine on the Cross 2,000 years ago, God can forgive us. The Bible says, "God commended His love towards us, in that, while we were yet sinners, Christ died for us." Then He rose from the dead, and defeated the power of the grave. If you repent (turn from your sins), trust in the Savior and obey His word, God will forgive your sins and grant you everlasting life. Confess your sins to God, put your faith in Jesus Christ, then read the Bible daily and obey what you read. God will never let you down.

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Do *You* Need Help Recalling Things?

